



Kindred Enterprises Foundation, Inc.

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Kindred Bakery BK is a non-profit community Artisan Baking, Pastry, and Culinary Arts training program in New York City. Founded in September 2022 by [Qiana Daniels](#), a NYC public school teacher, and [Nigel Thompson](#), a retired police officer and recent graduate of the Institute of Culinary Education (Artisan Bread Baking Program). Kindred Bakery is rooted in the belief that **inclusivity is both a moral and economic imperative**. Daniels and Thompson, inspired by their experiences co-parenting their 19-year-old autistic son, recognized the need for opportunities for low-income youth and youth with disabilities to develop essential social, occupational and life skills.

Our Mission: [Kindred Bakery BK](#) aims to create a safe and productive space where diverse communities can come together to learn about making healthier baked goods. We believe good food can build community, family, and a more just and equitable world. By sharing food, we can break down barriers, build relationships, and foster a sustainable future. Kindred is about our shared humanity, breaking bread and building community.

Our Program: Kindred Bakery empowers low-income youth with disabilities to become independent, thriving adults through baking. We run an 11-week, hands-on bakery, pastry and culinary arts program, with our first workshop having launched in September 2023. Our second cohort concluded in April 2024, and our Artisan Bread and Pastry Arts “bootcamp” will begin in July 2024. Using the “I Do - We Do - You Do” teaching method, our instructors ensure every student receives individualized attention and supportive feedback. Students master three to four healthy baked goods recipes, focusing on fresh, locally sourced ingredients, which are then sold at local “Pop Up” markets. Students are also required to replicate recipes at [home](#).

Only two months ago we were self-funded. We are now supported by a grant from the **New York Community Trust** and resources from **King Arthur Baking Company**, Kindred Bakery BK is dedicated to helping youth build confidence, independence and success through the art of baking.

Learn More: www.kindredbakerybk.org **Socials:** [Instagram](#), [YouTube](#) and [Linkedin](#)

