

# *about* DAY HABILITATION SERVICES



## Program Overview

At QSAC, our Day Habilitation program is designed to be person-centered, ensuring that each individual receives the support they need to become active and participating members of their homes and communities. We understand the importance of consumer choice and focus on developing the skills necessary for individuals to lead fulfilling lives.

Our approach involves continuous assessment of each participant's functional level, allowing us to tailor programs and goals to meet their needs. Whether it's working on adaptive living, communication, food preparation skills, or addressing inappropriate behaviors like aggression, our Day Habilitation program provides targeted support to promote growth and independence.

Our program emphasizes community integration. Participants spend part of their day engaging in community activities, which helps them develop a more productive role in society. We welcome individuals aged 21 and older who have been diagnosed with autism or pervasive developmental disorder.

## Program Hours

Operating Monday through Friday, year-round, between 8:30 AM and 2:30 PM, our Day Habilitation program also provides supervised transportation to and from the program.

## For More Information

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*We're here to  
support and  
empower each  
individual on their  
unique journey  
toward personal  
growth and  
community  
involvement.*

