



AGING IN PLACE WITH CONFIDENCE:

AN OVERVIEW OF NYC AGING'S PROGRAMS

Agenda

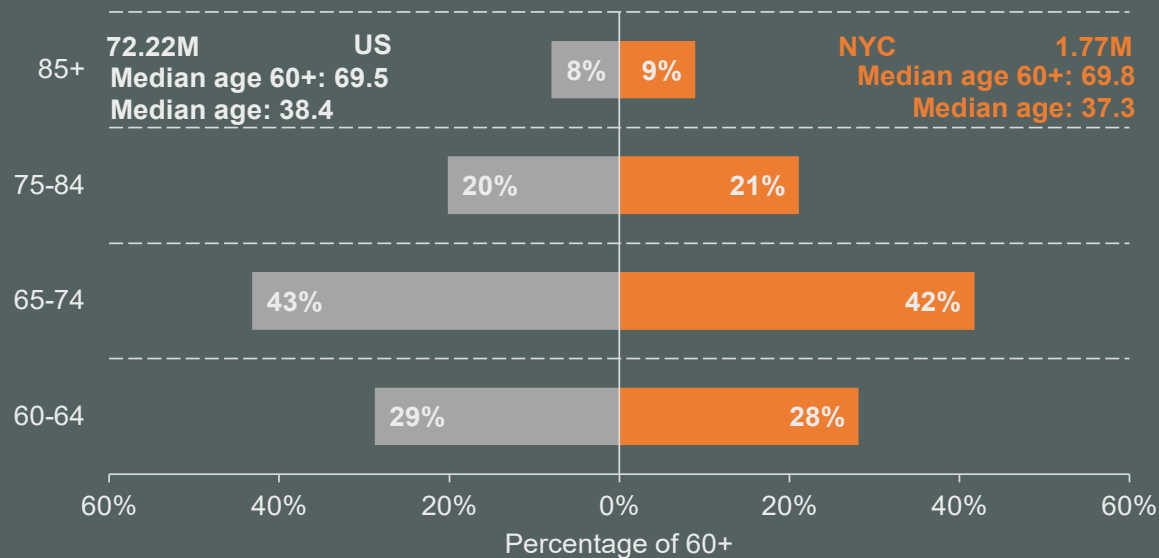
- **Stats**
- **Mission**
- **Community Care Plan**
- **Programs and Services**
- **Resources**
- **#Agingconnected**
- **Get Connected stay connected**

1.77 million Older New Yorkers (60+)

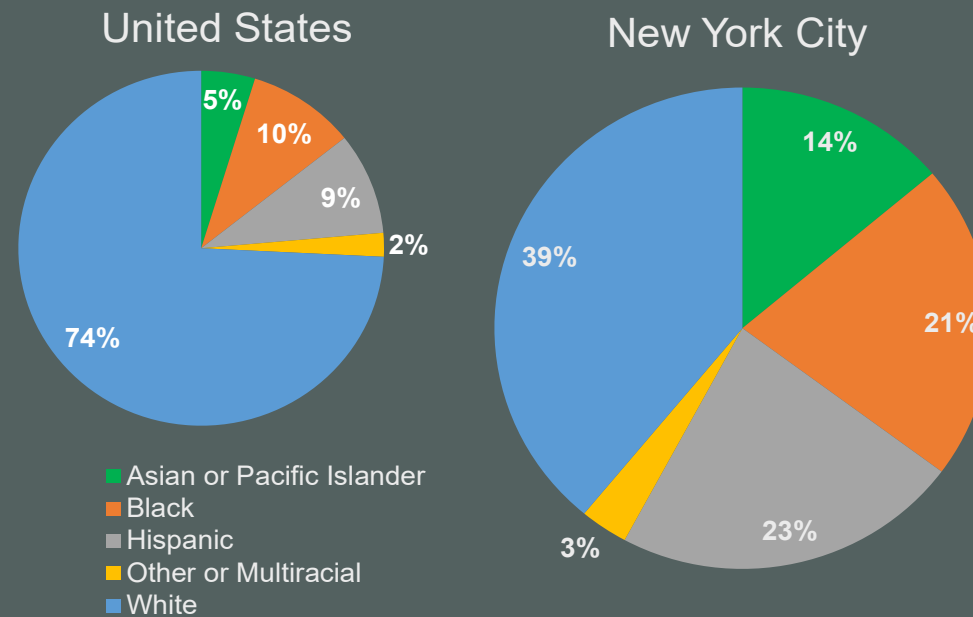


1 in 5 New Yorkers

Similar age breakdown among older adults in the US and NYC



NYC's older adults are more diverse than the national average



Older Adults: 60+
 Source: 2021, American Community Survey 5-year Estimate (Civillian non-group quarters population)
 Public Use Microdata Custom Tables
 FPL: Federal Poverty Level
 Limited English Speakers: Speak English Less Than Very Well

About NYC Aging

Our Mission

With an overarching mission to eliminate ageism and ensure the dignity and quality of life of approximately 1.8 million older New Yorkers, the NYC Department for the Aging is deeply committed to helping older adults age in their homes and creating a community-care approach that reflects a model age-inclusive city.



WHY COMMUNITY CARE FOR OUR OLDER ADULTS?

People Do Better
at Home
according to
Long Term Data



Community
Living Offers
Opportunities to
Enhance Quality
of Life



Significantly Less
Expensive to
Provide
Community Care



Older Adult Centers



**Food and
Nutrition**

**Classes
and
Activities**

**Connection to
age-inclusive
programs,
resources, and
opportunities**

**Benefits
Screenings**

**Diversity
and
Inclusion**

**Holiday
Celebrations**



Activities Finder

Explore events, service providers, and other resources available for older adult residents of New York City.

Have a question for us? Call Aging Connect at 212-244-6469, or call 311 for additional assistance.

Upcoming Events

Show by Date Show by Distance

Tile List

Naturally Occurring Retirement Communities (NORCS)



**Supportive-services
and programs are
available at dozens of
Classic and
Neighborhood NORCs
throughout NYC**

Case Management

**Do you know someone who
may need assistance so they
can age-in-place?**



Case Management - Home Delivered Meals

- **Nutritionally balanced and culturally-appropriate meals delivered to the qualified older adult's home.**
- **Available to qualified dependents.**
- **Authorized through Case Management for those in need of home assistance.**



Case Management: Friendly Visiting Program



Friendly Visiting matches screened and trained volunteers with homebound older adults for weekly in-home visits, phone calls, or virtual group calls.

Caregiver Support



Recognizing that you are a caregiver is the first step!



**You care for them.
We care for you.**

**If you provide care for a friend or a loved one,
you are a caregiver**

NYC Aging's Caregiver Program can support you with a wide range of resources and programs to help you take care of those you love the most. **And yourself.**



Visit www.nyc.gov/aging
or contact Aging Connect
at **212-AGING-NYC (212-244-6469)**
to learn more.



NYC
Delivering for you.
Every day. Everywhere.

- There are supports available for those caring for older adults suffering with Alzheimer's disease or other dementias, or a chronic illness.
- Also get help if one is 55 or older and caring for a relative child or a disabled child

Transportation



**Community-based
transportation services
for older adults.**

Older Adult Workforce Programs



Older Adult Employment Program

Provides training and assistance to older New Yorkers in securing a variety of employment opportunities through training and internships.

Silver Stars Program

Offers retired New York City older adults the opportunity to work part-time, temporary work assignments, where they can apply their skills and experience, thus contributing to the well-being of their communities.

Older Adult Workforce Programs: Foster Grandparent Program (FGP)

Do you know someone who has a few hours available a week?

Foster Grandparent Program gives older adults the opportunity to give back to their communities by supporting youth through tutoring and providing emotional support.



Geriatric Mental Health



NYC Aging's Geriatric Mental Health Program, an initiative under the Mayor's Office of Community Mental Health, places mental health clinicians in older adult centers to help with challenging life situations

Legal Support and Tenant Eviction Support Services (TESS)



- Legal support is available for older adults without access to other public or private legal aid.
- Older adults can receive help and advocacy through TESS (Tenancy and Eviction Support Services) if at risk of being evicted. TESS is only available when the judge makes the referral.


Older Adults Home Modification Program

Offers no-cost home safety assessments and home modifications for low-to-moderate income older adults such as:

- Grab Bars
- Handrails
- Improved lighting
- Bathroom safety upgrades

Request an application by:

 HomeMod@aging.nyc.gov

 (212) 602-4455

Eligibility Requirements

- Be 62 or older
- Own or rent in NYC
- Household income less than or equal to 80% of the local Area Median Income
- Cannot be receiving project-based rental assistance

Minor Residential Repair Program (MRRP)



Eligibility

- Age 60 or older
- Owns home/unit in a co-op or condominium.
- For renters (limited basis).

Services

- Safety & Security
- Plumbing
- Carpentry & Masonry
- Electric & Heating
- Home Maintenance
- Weatherization

AND

**51% of recipients
must have
low-to-moderate
income**

Elder Justice



If you know an older adult who has been abused, they do not have to suffer in silence. Abuse committed by someone known, and trusted is called "elder abuse."

Elder abuse can be financial, physical, emotional, and include neglect (withholding food and medication, abandonment).

Health Insurance Information, Counseling, and Assistance Program (HIICAP)



**WHAT
DOCUMENTS
DO I NEED
to Apply for
Medicare?**

Do you know someone who is having difficulty selecting a Medicare plan and has questions?

HIICAP can help!

Aging Connect Programs/Services

Contact Center

- Aging Specialists provide information and assist with navigating services
- Aging Specialist are available to assist in roughly 200 languages
- Manages agency's incoming/outgoing correspondence from Mayor's Office, 311, and NYC Aging's website

NY Connects

- Information and assistance
- Person-centered Counseling/Options Counseling
- Public Education/ Outreach
- Connect caregivers to support groups
- Provide guidance to relevant Financial and legal assistance

Special Initiatives

- Manages a seasonal nutrition program
- Collaborates with NYC Aging Committees to plan special agencywide events
- Present to groups and organizations
- Table events

Volunteer Program

- Recruits, engages, and trains volunteers for opportunities that support older adults.
- Connects corporate employee volunteers and groups with older adult centers and NORCS.

MY AGE ISN'T
A PROBLEM,
AGEISM
IS!



CALL OUT AGEISM!

“When you label me **‘TOO OLD’**
instead of recognizing my skills,
that’s **AGEISM!**”

AGING CONNECT

If you are an older adult or caregiver,
NYC Aging has resources that can help.



Call Aging Connect
at 212-AGING-NYC
(212-244-6469)



Resources Provided:

- Older Adult Centers
- Geriatric Mental Health
- In-Home Services
- Caregiving
- Health Insurance Assistance
- Elder Abuse & Crime
- Friendly Visiting
- Older Adult Workforce
- Volunteer
- Legal Assistance

QUESTIONS?

THANK YOU!

Contact

Aging Connect

212-AGING-NYC (212-244-6469)

**To speak with an aging specialist
or email:**

agingconnect@aging.nyc.gov

www.nyc.gov/aging

or contact 311

Social Media: @NYCAging & @nycagingcommr